# The Economic Burden of Hemophilia B – A Lifetime Decision Analytic Model

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## INTRODUCTION

- Hemophilia B (HB) requires lifelong treatment to prevent or manage bleeding and associated morbidity.<sup>1</sup>
- HB is managed by factor IX (FIX) replacement therapy, including standard half-life [SHL] FIX prophylaxis, extended half-life [EHL] FIX prophylaxis, and FIX on-demand.<sup>2,3</sup>
- Frequent intravenous administration of FIX can be burdensome to people with HB (PwHB) and is associated with a significant cost to the health care system.<sup>4</sup>

# **OBJECTIVES**

- To develop a decision analytic model that estimates the adult lifetime costs associated with HB treatment options: SHL FIX prophylaxis, EHL FIX prophylaxis, and FIX ondemand.
- To identify the key drivers behind the overall cost of HB management.

# **MATERIALS & METHODS**

- An expert panel consisting of clinicians, health technology assessment specialists, and patient advocacy representatives evaluated and reached a consensus on the model framework.
- A Markov model (Figure 1) was developed to reflect the natural course of the disease for adult patients with severe and moderately severe HB. The model consists of four health states: "no bleed", "bleed (not joint)", "bleed (joint)" and "dead".
- Sub-models were based on the number of problem joints (PJs) acquired by PwHB: 0, 1, and 2+. This allowed different patterns of healthcare resource utilization due to joint deterioration to be factored in.
- Both societal and US third-party payer perspectives were considered, with lifetime horizon as the base-case and shorter time horizon of three, five, and ten years as sensitivity analyses.
- All costs were in 2019 USD(\$) and the discount rate was 3%.
- Model inputs were tested in one-way sensitivity analysis (OWSA) primarily based on their 95% confidence interval.

### Figure 1: Model Structure

### **Sub-Models Based on Number of Problem Joints**





# RESULTS

### Figure 2: Summary of Model Results

Model results showed a substantial cost of HB management associated with all three treatment options. The adult lifetime total cost per patient was \$21,086,607 for SHL FIX prophylaxis, \$22,987,483 for EHL FIX prophylaxis, and \$20,971,826 for FIX on-demand treatment (Figure 2).

Most of the direct medical cost for HB management is driven by FIX treatment, estimated at \$19,754,862 and \$22,202,092 for prophylaxis with SHL and EHL FIX prophylaxis, respectively (both over 90% of direct medical cost) and at \$12,179,003 for FIX on-demand treatment (close to 60% of direct medical cost).

• At shorter time horizons, the total cost per patient ranged from \$2,222,259 to \$2,423,501 for 3-year, \$3,583,247 to \$3,919,760 for 5-year, and \$6,652,866 to \$7,278,430 for 10-year across all three treatment arms.



FIX treatment

• OWSA results were generally consistent with the basecase results. Total adult lifetime cost of HB management was most sensitive to variation in the unit cost of FIX, discount rates, and the number of injections needed to treat a bleed, regardless of the treatment arm (see **Figure 3** for representative results of SHL FIX prophylaxis).

### LIMITATIONS

- Limitations of this study include the assumptions used in economic modelling, for example, the baseline distribution of proportion of patients with 0, 1, and 2+ PJs. However, extensive sensitivity analyses were conducted to test model inputs.
- The model also did not capture the impact of HB on caregivers.

# **5** Years Lifetime 10 Years 22,987,483 21.086.607 20 971 826 6,642,866 7,278,430 6,674,713 3,583,247 3.919.760 EHL OD Other medical Non-medical and indirect

### Figure 3: Sensitivity analysis results

Discount rate costs SHL per IU cost (\$) SHL dose frequency Prophylaxis dose SHL Number of injections to treat a bleed Weight table 20-39 On-demand dose SHL Bleed (joint): 0P J (\$) Bleed (not joint): 0 PJ (\$) ABR\_SHL Weight table 40-56 Bleed (joint): 1 PJ (\$) Bleed (not joint): 1 PJ (\$) Weight table ≥60 ABR\_SHL\_1PJ Baseline distribution: 0 PJ Total annual indirect cost - Prophylaxis (\$) Bleed (joint): ≥2 PJ (\$) Bleed (not joint):  $\geq 2 PJ (\$)$ ABR\_SHL\_2PJ

Lower bound (\$) Upper bound (\$)

# CONCLUSIONS

- The model results show a substantial economic burden at over \$20 million per patient among patients with severe and moderately severe HB, regardless of the treatment strategy used.
- Cost of FIX treatment is the leading cost driver.
- These findings highlight the unmet medical need for PwHB.

### REFERENCES

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SHL: Total cost (\$)

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