

ATTENDEE Guide

Welcome to Orlando!

September 19-22, 2022 Gaylord Palms Resort & Convention Center







Conference Location and Housing
Health and Safety6
Travel and Transportation 9
Weather12
Attire12
Gaylord Palms Dining Options12
Hotel Amenities 14
Area Attractions16





Gaylord Palms Resort & Convention Center

6000 West Osceola Parkway Kissimmee, Florida, 34746 Tel. 833-993-3837

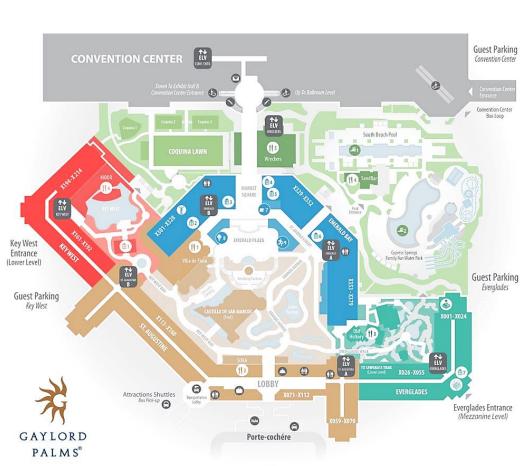
Located in beautiful Central Florida, Gaylord Palms Resort & Convention Center welcomes NASP meeting attendees to an upscale, one-of-a-kind experience only minutes from Orlando theme parks and attractions. From the Gaylord's Cypress Springs Water Park to an exciting lineup of family-friendly activities and entertainment, there's something for everyone to enjoy. Explore four-and-a-half acres of indoor garden atriums, nine award-winning restaurants, bars, world-class Relâche Spa, and a state-of-the-art fitness center. The hotel features a newly expanded convention center for the NASP Expo with over 500,000 sq ft of flexible meeting space. Accommodations include 1,718 guest rooms to choose from, including 129 spectacular suites and 306 brand-new rooms in the Gulf Coast tower.

Check-in is 4 PM, and check-out is 11 AM. A Bell Stand is located by the front desk. Luggage can be stored if rooms are not ready or storage is needed on the day of departure.





The Gaylord's covered atrium design provides an outdoor feel yet ensures a consistent climate for guests. The hotel is connected to the Convention Center where the NASP Annual Meeting & Expo is being held, so attendees will not need to venture outside in inclement weather.



Overflow Housing

Marriott Village

Housing is also available at the Marriott Village. The Marriott Village hotels are Courtyard by Marriott, Fairfield Inn & Suites, and Springhill Suites.

Marriott Village 8623 Vineland Avenue Orlando, FL 32821

Marriott Village hotel rooms start at \$199 per night. Marriott Village hotels are located in close proximity to the Gaylord Palms Resort & Convention Center. Complimentary transportation is provided to and from the Gaylord. Onsite self-parking is available at the Marriott Village for \$15.00 per day, including tax.

Discounted hotel rates are available until Friday, August 19, 2022, after which the room rate is no longer guaranteed. Register early to secure your hotel room.

Health & Safety

Submission of COVID-19 vaccination/booster records or negative COVID-19 test results are no longer required for attendance at the NASP 2022 Annual Meeting & Expo.

On August 31, 2022, the U.S. Food and Drug Administration amended the emergency use authorizations (EUAs) of the Moderna COVID-19 Vaccine and the Pfizer-BioNTech COVID-19 Vaccine to authorize bivalent formulations of the vaccines for use as a single booster dose at least two months following primary or booster vaccination. In turn the CDC updated their recommendations and requirements to be Up to Date with your COVID-19 vaccines.

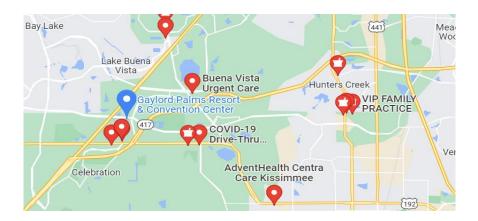
At this time, due to the limited availability of the bivalent boosters and the close proximity of the announcement of the updates and start of the NASP Annual Meeting & Expo, it is not possible or reasonable to expect attendees to receive an updated booster in time for the conference nor is it possible or reasonable due to cost and scheduling to expect all attendees to receive negative COVID-19 test results in time for the conference.

Our commitment to protecting the health and safety of our attendees has not wavered. With that in mind, we are asking for your help. As a community of dedicated healthcare professionals, the expectation is that you will share in the responsibility of protecting yourself and others.

Sanitizer stations are available throughout the hotel and conference facilities. Frequent handwashing is always encouraged. Please do what makes you feel most comfortable. Please feel free to wear a mask, limit handshaking and social distance. If you are not feeling well, please do NOT attend.

We apologize for any confusion and sincerely appreciate your patience and understanding. If you have any questions, please do not hesitate to reach out to us at meeting@naspnet.org.

COVID Testing locations



- Urgent Care 24/7 Orlando | 2940 Mallory Circle Suite A | 1.5 miles
- Walgreens (drive-thru testing) | 6230 W Irlo
 Bronson Memorial Hwy | 1.9 miles
- Buena Vista Urgent Care | 8200 World Center Dr |
 2.9 miles

- Covid Drive Thru Testing Walgreens | 5180 W Irlo Bronson Memorial Hwy | 2.9 miles
- Orlando International Airport (MCO)
 https://onpoint-testing.com/orlando-airport/?gclid=EAIaIQobChMI1duojeKJ-QIVmsizChok2Qf1EAAYASAAEqKPPfD_BwE

Attendees who do not feel well are strongly encouraged not to attend. A virtual component will not be offered in conjunction with the in-person event.

Gaylord Palms' Safety and Commitment to Clean

The Gaylord Palms Resort & Convention Center has implemented a variety of new protocols and elevated practices to protect the health and safety of all attendees. To learn more about their adjusted services, amenities, and facilities, click here.

We look forward to seeing you at the conference and sincerely appreciate your understanding and cooperation. Please contact meeting@naspnet.org with questions regarding the NASP 2022 Annual Meeting & Expo COVID-19 safety.



Orlando International Airport (MCO)

1 Jeff Fuqua Blvd, Orlando, FL 32827





Ground Transportation

At Orlando International Airport (MCO), rental cars, taxis, Express Pick-Up, Shuttle Vans, Resort Transportation and Buses are on the Ground Transportation Level (Level 1) on both sides of terminals A and B.

Curbside pick-up by private car and ride-sharing services are on the Arrivals/Baggage Claim Level (Level 2) outside the terminal doors. Look for "Ride App Pickup" signs on Level 2 for pick up by Uber or Lyft. Pick up locations are at each end of the curbs.

Airport Shuttle Service

The Gaylord Hotel does NOT offer shuttle service from the airport to the hotel; however, they partner with Mears Transportation. Mears Transportation can bring you from Orlando International Airport to the hotel and they offer 24-hour airport shuttle service. There is a charge for the service. To secure your shuttle reservation, call Mears Transportation's 24-hour reservations line at (407) 423-5566.

Parking at the Gaylord Palms

Resort self-parking is discounted at \$24 a day for NASP Annual Meeting & Expo attendees; valet parking is available for \$40 a day. Tax is additional. Rates are subject to change.



Shuttle between Marriott Village and Gaylord Palms

Motor coaches will be making a continuous loop between the Marriott Village and Gaylord Palms at the following times:

Monday, Sept. 19

6:30am – 8:30pm Last run from Gaylord at 8:00pm

Tuesday, Sept. 20

6:00am – 9:30pm Last run from Gaylord at 9:30pm

Wednesday, Sept. 21

6:00am – 10:30pm Last run from Gaylord at 10:00pm

Thursday, Sept. 22

6:00am – 3:30pm Last run from Gaylord at 3:00pm



Expect seasonally hot and humid weather conditions. The average temperature in Orlando in September is warm, with a daily high of 89 degrees and a low of 74, with occasional thunderstorms.

The Gaylord Palms hotel is connected to the Convention Center where the NASP Annual Meeting & Expo is being held, so attendees will not need to venture outside in inclement weather.



Dress for the Annual Meeting & Expo is business casual attire.

The 10th Anniversary Gala celebration is outside on the spectacular 9,000 square-foot synthetic turf Coquina lawn, weather permitting. *Recommended attire is very casual, cool, and comfortable.*



NASP's optional wellness activities* include Tai Chi instruction on Tuesday and a dance class on Thursday mornings at 6 AM ET. The Tai Chi class is outside on the Coquina Lawn, weather permitting. Cool and comfortable exercise clothing is recommended for both activities.

*Please register for Wellness Activities at the Registration Desk. Class size is limited to 50.



Quick-Service Dining Options

Morning coffee is available at Cocoa Bean Express and the Emerald Bay Marketplace, both of which also have grab-andgo food options. Honeybells Frozen Yogurt is available, but hours vary. Check the hotel itinerary for details.

MOOR (Seafood)

Moor's focus is on fresh Seafood, yet it also provides a wide variety of continental fare. Diners have a choice of indoor seating or outdoor seating in the atrium or on the deck of a 60-foot sailboat overlooking the lagoon. Reservations recommended. Private dining room options are available. (Open for dinner) 5 – 10 PM

Wreckers Sports Bar (Pub)

This expansive sports pub features a 37-foot screen and more than 50 TV monitors. When there's not a big game, the pub quiets down and can be a casual, convenient place to meet. Wreckers is located on the walkway between the hotel and the convention center. (Open for lunch and dinner) 11 AM – 1 AM

Villa de Flora (Mediterranean)

This Mediterranean-style restaurant features attended buffets and evokes a modern, coastal style. Outdoor atrium dining. Hours vary. (Open for breakfast and some evenings for dinner) 7 – 11 AM & 5-10 PM. Check website or onsite for hours,

Old Hickory Steakhouse (Steakhouse)

This rustic restaurant's signature dishes and contemporary cuisine are classic steakhouse fare. The menu also includes fish, chicken, artisanal cheeses, and an ample choice of sides. (Open for dinner) 5 – 10 PM

SandBar (American)

Poolside dining at the SandBar includes salads, flatbreads, sandwiches, and a kids' menu. This restaurant is truly outdoors – no atrium. The Sandbar features beach-inspired beverages. (Open for lunch) 11 AM – 7 PM

Socio (Caribbean)

The Socio bar and lounge provides a Cuban-inspired experience and an interactive cocktail service with bespoke beverages. Food is on small plates for sharing. (Open at 4 PM daily)

A la Carte - Room Delivery

Choose from a menu of freshly made meals and snacks. Room service can be ordered for in-room dining or take out for on-the-go. (Open all day) 6 AM – 12 PM



Old Hickory Steakhouse



Relâche Spa & Salon

Unwind your body, mind, and soul at Relâche Spa at Gaylord Palms Resort & Convention Center in Kissimmee, Florida. Reserve a massage, rejuvenating facial, or calming body treatment in a luxurious atmosphere while experienced estheticians pamper you.

Relâche Fitness Center

As you exercise, enjoy beautiful resort views from floor-to-ceiling windows or watch a personal TV. The fitness center is open 24/7 and access is included in the resort fee.

Equipment Available

- Cardiovascular Equipment
- Elliptical Machine(s)
- Exercise Bike(s)
- Free Weights
- Rowing Machine(s)
- Stair Climber(s)
- Strength Equipment
- Treadmill(s)
- Weight Machines

Cypress Springs Water Park & Resort Pools

This water theme park is an entire attraction unto itself and worthy of a full day for families who have the time to explore it.

The water park complex is exclusive to Gaylord Palms guests and includes a wide array of spectacular features, including an "AquaDrop" slide, a water-themed multi-level treehouse, a

surfing experience (extra charge) a zero-entry pool, and a not-so-lazy river with rushing water that surges floating guests through caves, waterfalls, and sprinklers. Children under 15 must be always accompanied by an adult. Access to Cypress Springs Water Park is included in your hotel resort fee.

For a less adventuresome experience, a lively tropical pool environment inspired by South Beach is available with rentable cabanas. Food and beverage service is available.







Area Attractions

Orlando has the reputation of being the theme park capital of the world. It's true! It's a huge draw for families. However, in addition to the parks, there are many activities to share with colleagues and business associates. Kissimmee features a top golf course, nighttime helicopter rides, and many other unique Florida experiences. If you are looking for an off-property client experience or team-building event, you will have plenty to choose from. These are just a few.

Walt Disney World



Disney offers exclusive After 1 PM and After 5 PM Twilight Tickets and special discounted multi-day tickets that are not available at their Ticket Windows to NASP 2022 Annual Meeting & Expo attendees. The multi-day tickets include a complimentary bonus visit to an additional Disney experience. (Due to Covid-19 these options have been modified to include the mini-golf and Disney Oak Trail golf options. (More will be added as they become available.)

To purchase specially priced Disney Meeting/ Convention Theme Park tickets, please call 407-566-5600 or CLICK HERE. Tickets are valid 7 days pre, during, and 7 days post meeting dates. Please note the cut-off date for advance purchase savings is 9/18/2022.

Please note: With the new Disney Theme Park Reservation System and park capacity limitations, it's important to lock in your visit as soon as possible. A park reservation is required for entry along with the ticket.

Magic Kingdom

https://www.disneyworld.eu/destinations/magic-kingdom/

Epcot

https://disneyworld.disney.go.com/destinations/epcot/

Animal Kingdom

https://www.disneyworld.eu/destinations/animal-kingdom/

Disney's Hollywood Studios

https://www.disneyworld.eu/destinations/hollywood-studios/

Other Area Attractions

Universal Studios Florida

https://www.universalorlando.com/web/en/us?le=cs

Universal's Islands of Adventure

https://www.universalorlando.com/web/en/us/theme-parks/islands-of-adventure?le=cs



Discovery Cove

https://discoverycove.com/orlando/?source=gaylordpalms.com

Kennedy Space Center

https://www.kennedyspacecenter.com/?source=gaylordpalm s.com

SeaWorld https://seaworld.com/orlando/

Disney Springs https://www.disneysprings.com/ Shop for fashion-forward finds, dine & discover new flavors and play the day away. A mix of casual & contemporary dining with over 100 shops and more than 60 restaurants.

Golf

<u>Luxury Orlando Golf resorts - Waldorf Astoria Golf Club</u> (waldorfastoriaorlando.com)

Helicopter Tours

<u>Orlando Helicopter Rides | Helicopter Tours | MaxFlight (maxflightheli.com)</u>

Top Restaurants, Shows, Nightlife, Breweries, and Wineries

https://www.visitorlando.com/things-to-do/eat-drink/

For more information:

https://updates.gaylordhotels.com/WelcomeToGaylordPalms