

Impact of a specialty pharmacy clinical program on medical outcomes and costs in patients with cancer

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Background

- Specialty pharmacy clinical programs provide disease management through side effect management and adherence coaching to improve patient outcomes.
- CenterWell Specialty Pharmacy (CWSP) has an established Oncology Center of Excellence (OCOE) which provides dedicated clinicians, cancer-specific disease assessments, social determinants of health evaluation, and operational processes to provide holistic patient care.
- Clinical outcomes and quantification of value are increasingly important to showcase impact of specialty pharmacy clinical programs.

Objectives

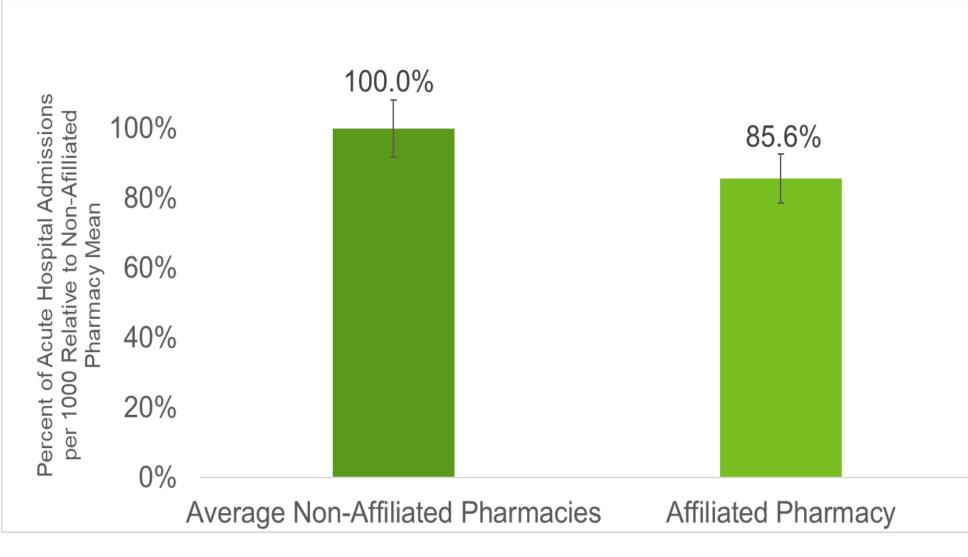
- Compare acute hospitalization rates and medical costs for oncology patients using affiliated pharmacy with an oncology clinical program versus non-affiliated pharmacies.
- Measure the impact of engagement with CWSP clinical staff.

Methods

- This study is a retrospective analysis of Medicare Part Dinsured patients using Medicare administered by a large national insurer.
- The primary test group included beneficiaries who used the insurer's affiliated specialty pharmacy OCOE.
- Those using cancer medications within the first 8 months of 2022 (hospice and delegation excluded) were included.
- Predictors and covariates of interest were measured in a four-month window starting with their first qualifying oncology medication fill.
- Outcomes, including acute hospitalization rates and medical costs, were measured in the 12 months after the pre-period.

Results

Figure 1. Relative Acute Hospitalizations for Non-Affiliated versus Affiliated Pharmacy



Control Variables: age, sex, # distinct

specialty drug classes, # distinct brand

name specialty drugs, contract, low-

income subsidy code, provider super

group, specific oncology drug (restricted

to drugs offered by the target pharmacy)

Figure 2. Relative Medical Costs for Non-Affiliated versus Affiliated Pharmacy

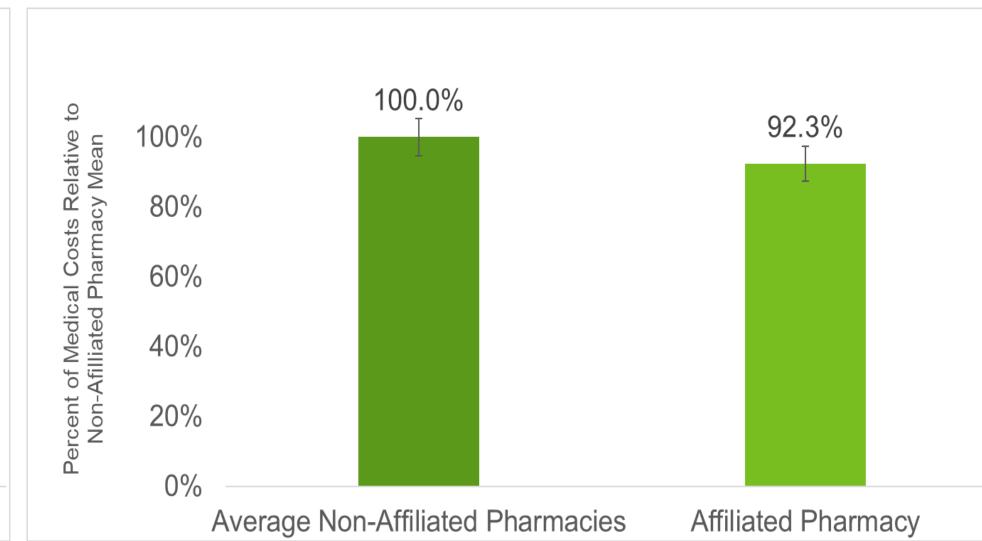
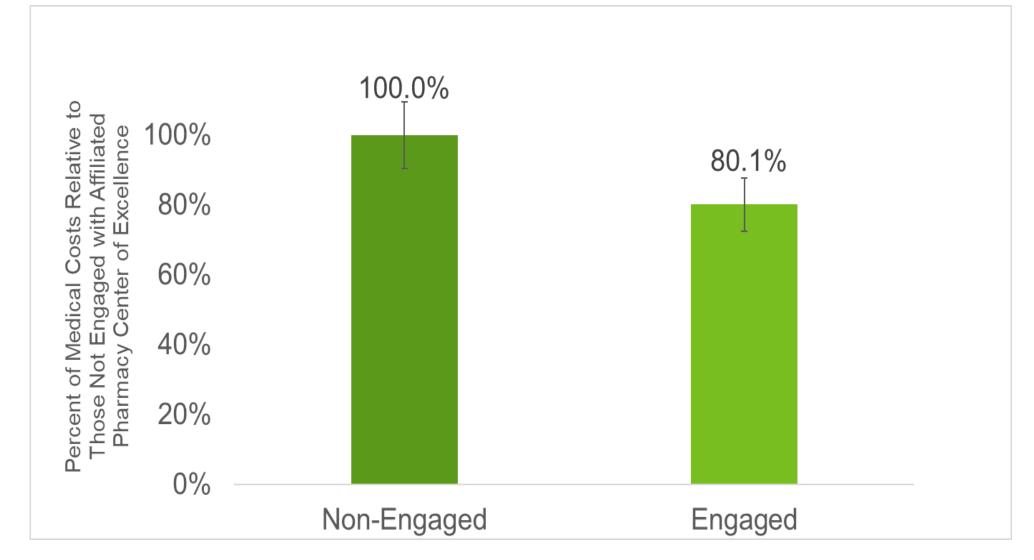


Figure 3. Engagement with Oncology Center of Excellence and Reduction in Medical Costs



Regression analyses estimated that affiliated pharmacy use was associated with 14.2% fewer acute hospitalizations (P = .004). Analyses indicated reduced annual costs of 7.7% (P = .005). Of patients who used the affiliated pharmacy, those engaged with dedicated clinicians had a 19.9% reduction in medical costs relative to those who did not (P < .001). The association between affiliated pharmacy use and medical costs was fully explained via mediation analysis by center engagement (P < .001). Highly similar results were obtained using a propensity score matching method.

Conclusions

- High-touch clinical programs with dedicated resources reduce negative health events in the form of acute hospitalizations and lower overall medical costs for oncology patients with Medicare.
- Patients engaged in OCOE programming benefit from greater reductions in medical costs than those not engaged.

Limitations

 Unable to account for non-affiliated pharmacies clinical programming and engagement.

Future Research

- Determine drivers for OCOE engagement
- Determine which cancer medications lead to greater reduction in medical costs to further develop clinical program intensity.
- Complete analysis for other specialty disease states.

References

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Patel K, Chim YL, Grant J, et al. Development and Implementation of Clinical Outcome Measures for Automated Collection Within Specialty Pharmacy Practice. *J Manag Care Spec Pharm.* 2020;26(7):901-909.

Disclosures

The authors of this presentation are employed by the affiliate pharmacy and parent company